



Dear Member:

We are pleased to introduce a new two year pilot program, CAREpath, as a valuable addition to our NLTA Group Insurance Program. This new program will become effective May 1, 2016 and will cover any member who has been newly diagnosed with cancer or a cancer recurrence any time after April 1, 2016.

CAREpath is a Canadian company that specializes in cancer care. Their services are based on the most up-to-date, evidence-based information available globally. CAREpath was started by leading oncologists and oncology nurses who have devoted their entire medical careers to cancer care in Canada and the United States.

If you, your spouse and dependent children are members of the NLTA Group Insurance Program, you now have access to ***CAREpath's Cancer Navigation Program***, a program founded to help cancer patients and their families better cope with the burden of cancer on their lives.

CAREpath's Cancer Navigation Program is a comprehensive program that provides those recently diagnosed with cancer or a cancer recurrence with ongoing, one-on-one, telephonic counseling, guidance and support by a personal oncology nurse, backed by oncology physicians. Your CAREpath nurse will be there every step of the way, through treatment, recovery and into survivorship, addressing all questions and working with you, your family and doctors to ensure all of your emotional, medical and treatment needs are met and that everything possible is being done to help.

The ***CAREpath Cancer Navigation Program*** is based on the most up-to-date, reliable and evidence-based information available and is directed and delivered by world-renowned oncology physicians and highly trained and caring oncology nurses. Your CAREpath team provides:

- Comprehensive emotional support for you and your family,
- Assurance that medical best practises are being utilized throughout treatment,
- Help managing the short- and long-term side effects of treatment,
- Explanations of your tests and treatments,
- Questions to ask on your first and subsequent visits to your oncologist,
- Advice and support through all treatment phases,
- Information on how to access other support services, if necessary,
- Guidance to alternate treatment locations, if required or requested,
- Specialized advice and support on how to reduce risk of a recurrence or new cancer,
- After treatment is complete, advice on reducing delayed effects of treatment, and dealing with other issues you may face as a cancer survivor.

If you are interested in participating in this program, at no cost to you or your family, a CAREpath oncology nurse can explain the services to you in more detail. You are not obligated to use CAREpath if you don't want to, and the nurses will be able to help answer any questions or concerns you may have. All interaction with CAREpath is strictly confidential.

You can email CAREpath at info@carepath.ca, or call at 1-866-883-5956.