



NLCPA

Newfoundland and Labrador Counsellors' and Psychologists' Association
A Special Interest Council of the Newfoundland and Labrador Teachers' Association

TALK TO YOUR SCHOOL COUNSELLOR

Poster Links

Feeling Scared Or Confused

<http://kidshealth.org/en/kids/comments-scared.html#>

<https://www.anxietybc.com/parenting/helping-your-child-face-fears>