

Observances 2018-19

Most of the observances listed below are recognized locally, provincially, nationally and world-wide.

September

Arthritis Awareness Month

Big Brothers/Big Sisters Month

Blood Cancer Awareness Month

Childhood Cancer Awareness Month

Muscular Dystrophy Awareness Month

Ovarian Cancer Awareness Month

Prostate Cancer Awareness Month

Thyroid Cancer Awareness Month

World Alzheimer's Month

3 Merchant Navy Veteran's Day*

3 Labour Day

5 International Day of Charity *

8 International Literacy Day *

8 World First Aid Day

8-16 National Organic Week

9 Fetal Alcohol Spectrum Disorder (FASD) Awareness Day *

9 Grandparents Day

10 World Suicide Prevention Day *

10-11 Rosh Hashanah

11 National Day of Service *

12 United Nations Day for South-South Cooperation *

15 International Day of Democracy *

15 National Hunting, Trapping and Fishing Heritage Day

15 World Lymphoma Awareness Day *

16 International Day for the Preservation of the Ozone Layer *

16 Terry Fox Run for Cancer Research

16 World Spine Day*

17-23 Science Literacy Week

19 Yom Kippur

21 International Day of Peace *

21 World Alzheimer's Day *

22 Fall Equinox

22 National Learn to Code Day

23 International Day of Sign Languages*

23 World Rivers Day

23-29 National Forest Week

September cont'd

- 23-30** International Week of the Deaf
- 25** International Ataxia Awareness Day *
- 26** Cybertip.ca Awareness Day
- 26** International Day for the Total Elimination of Nuclear Weapons *
- 26** National Tree Day
- 26** World Contraception Day*
- 26** World School Milk Day
- 27** Terry Fox School Run
- 27** World Maritime Day
- 27** World Tourism Day *
- 28** International Day for Universal Access to Information*
- 28** World Rabies Day *
- 29** World Heart Day *
- 30** CIBC Run for the Cure
- 30** International Translation Day*
- 30** Police and Peace Officer's National Memorial Day
- 30-Oct. 6** Animal Health Week

October

- ADHD Awareness Month**
- Autism Awareness Month**
- Breast Cancer Awareness Month**
- Canadian Library Month**
- Car Safety Month**
- Child Abuse Prevention Month**
- Cyber Security Awareness Month**
- Healthy Workplace Month**
- International Walk to School (IWALK) Month**
- Islamic History Month**
- Learning Disabilities Awareness Month**
- National Principals' Month**
- Occupational Therapy Month**
- Polio Awareness Month**
- SIDS Awareness Month**
- Women's History Month**
- 1** Int'l Day of Older Persons/National Seniors Day *
- 1** International Music Day *
- 1** World Habitat Day
- 1-7** Mental Illness Awareness Week

October cont'd



1-7	HPV Prevention Week
2	International Day of Non-Violence *
4	World Animal Day *
4-10	World Space Week *
5	World Smile Day
5	World Teachers' Day *
6	World Cerebral Palsy Day
6	Canada Ostomy Day
7-13	National Newspaper Week
8	Thanksgiving Day
8-14	Citizenship Week
9	World Post Day *
10	International Walk to School (IWALK) Day
10	World Mental Health Day *
11	International Day of the Girl Child *
11	National Coming Out Day *
11	World Sight Day
12	World Arthritis Day*
13	Astronomy Day
13	International Day for Disaster Reduction *
13	Newspaper Carrier Appreciation Day
13	World Hospice and Palliative Care Day
13	World Migratory Bird Day
13-21	National Chemistry Week
14	World Standards Day *
14-20	Co-Op Week
14-20	Small Business Week
15	Global Handwashing Day *
15	International Day of Rural Women*
15	Pregnancy and Infant Loss Remembrance Day *
15	World Idic15 Awareness Day *
15-19	National Infection Control Week
15-21	Waste Reduction Week
15-21	YWCA Week Without Violence
16	National Boss's Day
16	World Food Day *
16	World Spine Day *
17	International Day for the Eradication of Poverty *
17-23	National School Safety Week *

October cont'd

18	Persons Day *
18	World Menopause Day *
19	Canadian Library Workers' Day
20	World Statistics Day *
21-27	Canadian Intensive Care Week
22	International Stuttering Awareness Day *
22-28	National Teen Driver Safety Week
24	United Nations Day *
24	World Development Information Day *
24-30	Disarmament Week *
27	World Day for Audio-visual Heritage *
29	World Stroke Day *
29	World Psoriasis Day *
29-Nov. 2	Canadian Patient Safety Week
31	Halloween *
31	National UNICEF Day*
31	World Cities Day *

November

Canada Career Month

CPR Month

Crohn's and Colitis Awareness Month

Diabetes Month

Fall Prevention Month

Financial Literacy Month

Lung Cancer Awareness Month

November

National Community Safety and Crime Prevention Month

Osteoporosis Month

Pancreatic Cancer Awareness Month

Radon Action Month

1	Outdoor Classroom Day
1-7	Canadian Down Syndrome Week *
1-19	19 Days of Activism for Prevention of Violence Against Children and Youth *
2	Int'l Day to End Impunity for Crimes Against Journalists *
4	Daylight Savings Time Ends
4-10	National Skilled Trades and Technology Week
5	Guy Fawkes Day *
5	World Tsunami Awareness Day *
5-9	Media Literacy Week
5-11	Veterans' Week *

- 6 Int'l Day for Preventing the Exploitation of the Environment in War and Armed Conflict ***
- 6-12 National Senior Safety Week ***
- 8 International Day of Radiology ***
- 10 World Science Day for Peace and Development ***
- 11 Remembrance Day ***
- 12 World Pneumonia Day ***
- 12-18 Digital Health Week**
- 12-18 World Antibiotic Awareness Week**
- 14 Take Our Kids to Work Day**
- 14 World Diabetes Day ***
- 15 International Pen Day of the Imprisoned Writer ***
- 15 National Philanthropy Day ***
- 15 World Pancreatic Cancer Day**
- 15 World Philosophy Day**
- 16 International Day for Tolerance ***
- 17 International Survivors of Suicide Loss Day**
- 17 World Prematurity Day**
- 17-24 YMCA Peace Week**
- 18 World Day of Remembrance for Road Traffic Victims**
- 18-24 Bullying Awareness Week**
- 18-25 Restorative Justice Week**
- 19 World Day for the Prevention of Child Abuse ***
- 19 World Toilet Day ***
- 20 Africa Industrialization Day ***
- 20 Sir Wilfred Laurier Day ***
- 20 Universal Children's Day/National Child Day ***
- 21 National Day of Remembrance for Road Crash Victims**
- 21 World Fisheries Day***
- 21 World Hello Day ***
- 21 World Television Day ***
- 24 Ukrainian Famine and Genocide (Holodomor) Memorial Day**
- 24-30 National Home Fire Safety Week ***
- 25 International Day for the Elimination of Violence Against Women ***
- 25-Dec 10 16 Days of Activism Against Gender Violence ***
- 26-Dec 2 National Addictions Awareness Week**
- 27 Giving Tuesday**
- 29 International Day of Solidarity with the Palestinian People ***
- 30 Day of Remembrance for All Victims of Chemical Warfare***
- 30 Stomach Cancer Awareness Day***

December

- 1 World AIDS Day ***
- 1-5 Aboriginal AIDS Awareness Week**
- 1-7 National Safe Driving Week ***

December cont'd

2	International Children's Day of Broadcasting
2	International Day for the Abolition of Slavery *
2-10	Hanukkah
3	International Day of Persons with Disabilities *
3-9	Computer Science Education Week
5	International Volunteer Day for Economic and Social Development *
5	World Soil Day *
6	National Day of Remembrance and Action on Violence Against Women *
7	International Civil Aviation Day *
9	International Anti-Corruption Day *
9	Int'l Day of Commemoration and Dignity of the Victims of the Crime of Genocide and of the Prevention of this Crime
10	Human Rights Day *
11	Anniversary of the Statute of Westminster *
11	International Mountain Day *
12	International Day of Neutrality *
12	International Universal Health Coverage Day*
18	Arabic Language Day*
18	International Migrants Day *
20	International Human Solidarity Day *
21	Winter Solstice
25	Christmas Day *
26	Boxing Day *

January

Alzheimer's Awareness Month

1	New Year's Day *
4	World Braille Day *
11	Sir John A. Macdonald Day *
17	Raoul Wallenberg Commemorative Day *
20-26	National Non-Smoking Week
21	Lincoln Alexander Day *
22	Weedless Wednesday
26	International Customs Day *
27	Family Literacy Day *
27	Int'l Day of Commemoration in Memory of the Victims of the Holocaust *
28	World Leprosy Day

February

Black History Month

Heart Month

Junior Achievement Month

Psychology Month

1-7	World Interfaith Harmony Week *
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February cont'd

- 2 Groundhog Day *
- 2 World Wetlands Day *
- 3-9 White Cane Week
- 4 World Cancer Day *
- 4-8 Canadian School Counselling Week
- 5 Chinese New Year
- 5 Safer Internet Day
- 6 Int'l Day of Zero Tolerance to Female Genital Mutilation *
- 6 Global School Playday
- 11 International Day of Women and Girls in Science *
- 12 Sexual and Reproductive Health Awareness Day*
- 13 World Radio Day *
- 14 Valentine's Day *
- 15 International Childhood Cancer Day*
- 15 National Flag of Canada Day *
- 19-25 Scout-Guide Week
- 20 World Day of Social Justice *
- 21 International Mother Language Day *
- 22 World Thinking Day *
- 24-Mar 2 Freedom to Read Week
- 27 Pink Shirt Day
- 28 Rare Disease Day in Canada

March

Canadian Agriculture Literacy Month

Childhood Arthritis Month

Colorectal Cancer Awareness Month

Epilepsy Awareness Month

Kidney Health Month

National Engineering Month

National Social Work Month

Nutrition Month

Pharmacist Awareness Month

Red Cross Month

Self-Injury Awareness Month

- 1 Employee Appreciation Day
- 1 Self-injury Awareness Day *
- 1 Zero Discrimination Day *
- 3 World Wildlife Day *
- 5 Shrove Tuesday/Pancake Day
- 6 Ash Wednesday/Lent Begins
- 7 Alexander Graham Bell Day*
- 8 International Women's Day *
- 10 Daylight Savings Time Begins

March cont'd

10-16	World Glaucoma Week
11	Commonwealth Day
14	Pi Day *
14	World Kidney Day
14-20	National Farm Safety Week *
15	World Sleep Day
15	World Consumer Rights Day
17	St. Patrick's Day *
19	World Social Work Day
20	French Language Day
20	International Day of Happiness *
20	French Language Day*
20	Spring Equinox
21	International Day for the Elimination of Racial Discrimination *
21	International Day of Forests *
21	International Day of Nowruz *
21	World Down Syndrome Day *
21	World Poetry Day *
21-27	Week of Solidarity with the Peoples Struggling Against Racism and Racial Discrimination *
22	World Water Day *
23	World Meteorological Day *
24	World Tuberculosis Day *
24	Int'l Day for the Right to the Truth Concerning Gross Human Rights Violations and for the Dignity of Victims *
25	Int'l Day of Remembrance of the Victims of Slavery and the Transatlantic Slave Trade *
25	Int'l Day of Solidarity with Detained and Missing Staff Members *
26	Purple Day for Epilepsy Awareness *
27	World Theatre Day *
30	World Bipolar Day
31	International Transgender Day of Visibility *
31	World Backup Day *

April

Daffodil Month

Irritable Bowel Syndrome (IBS) Awareness Month

National Oral Health Month

National Poetry Month

Parkinson's Awareness Month

Rosacea Awareness Month

1 **April Fool's Day ***

2 **International Children's Book Day**

2 **World Autism Awareness Day ***

4 **International Day for Mine Awareness and Assistance in Mine Action ***

April cont'd

6	International Day of Sport for Development and Peace *
6	National Tartan Day *
6-12	National Dental Hygienists Week
7	International Day of Reflection on the Genocide in Rwanda *
7	World Health Day *
7-13	National Volunteer Week
9	Vimy Ridge Day *
10	International Day of Pink
12	International Day of Human Space Flight *
14	Palm Sunday
16	World Voice Day*
15	Micro-volunteering Day *
17	World Hemophilia Day *
17	Equality Day*
19	Good Friday
20	Chinese Language Day*
21	Easter Sunday
21	World Creativity and Innovation Day *
21-27	Administrative Professionals Week
22	Earth Day *
23	English Language Day *
23	Spanish Language Day *
23	World Book and Copyright Day*
24	World Meningitis Day *
24	Administrative Professionals Day
24-30	World Immunization Week
25	World Malaria Day *
26	International Chernobyl Disaster Remembrance Day *
26	World Intellectual Property Day *
28	Day of Mourning (for Persons Killed or Injured in the Workplace) *
28	World Day of Safety and Health at Work *
29	International Dance Day *
29-May 5	Screen-Free Week
30	International Jazz Day *
30	"Vesek" the Day of the Full Moon

May

Asian Heritage Month

Asthma and Allergy Awareness Month

Brain Tumour Awareness Month

Car Care Month

Celiac Awareness Month

Cystic Fibrosis Awareness Month

Food Allergy Awareness Month

Green Ribbon of Hope Month (Child Find Canada)

May cont'd

Huntington Disease Awareness Month

Hypertension Month

Lyme Disease Awareness Month

MedicAlert Month

Melanoma Awareness Month

Multiple Sclerosis Awareness Month

National Physiotherapy Month

Speech and Hearing Month

Vision Health Month

- 1 World Asthma Day
- 1-7 National Summer Safety Week *
- 1-7 National Youth Week *
- 2 World Tuna Day
- 3 World Press Freedom Day *
- 4 International Firefighters' Day *
- 4-11 TD Canadian Children's Book Week
- 5 International Day of the Midwife
- 5 World Pulmonary Hypertension Day*
- 5-11 Emergency Preparedness Week
- 5-11 International Compost Awareness Week
- 5-11 North American Occupational Health and Safety Week
- 6 International No Diet Day *
- 6 Music Monday
- 6-12 National Nursing Week
- 7 Child and Youth Mental Health Day*
- 8 World Red Cross Day *
- 8-9 Time of Remembrance and Reconciliation for Those Who Lost Their Lives During the Second World War *
- 8-14 UN Global Road Safety Week*
- 12 International Nurses Day *
- 12 Mother's Day
- 13 World Melanoma Day
- 15 International Day of Families *
- 16 International Day of Living Together in Peace*
- 16 International Day of Light*
- 17 International Day Against Homophobia, Transphobia & Biphobia *
- 17 World Hypertension Day*
- 17 World Telecommunication and Information Society Day *
- 18 National Fiddling Day
- 19 World Inflammatory Bowel Disease Day*
- 20 World Bee Day*
- 20 Victoria Day
- 21 World Day for Cultural Diversity for Dialogue and Development *
- 22 International Day for Biological Diversity *
- 23 International Day to End Obstetric Fistula *

May cont'd

- 25** International Missing Children's Day *
- 25-31** Week of Solidarity with the Peoples of Non-Self-Governing Territories *
- 29** International Day of UN Peacekeepers *
- 29** Outdoor Classroom Day
- 31** World No-Tobacco Day *

June

ALS Awareness Month

Brain Injury Awareness Month

National Aboriginal History Month

Seniors' Month

Spina Bifida Awareness Month

Thyroid Awareness Month

- 1** Global Day of Parents *
- 1-8** National Water Safety Week
- 2** Canadian Forces Day
- 3** World Bicycle Day*
- 3-9** Canadian Environment Week
- 6** National Health and Fitness Day
- 4** International Day of Innocent Children Victims of Aggression *
- 5** International Day for the Fight Against Illegal, Unreported and Unregulated Fishing*
- 5** World Environment Day *
- 6** Russian Language Day*
- 8** World Oceans Day *
- 9** Canadian Rivers Day
- 9-15** National Public Service Week
- 12** World Day Against Child Labour *
- 13** International Albinism Awareness Day *
- 14** World Blood Donor Day *
- 15** World Elder Abuse Awareness Day *
- 16** Father's Day
- 16** International Day of Family Remittances *
- 17** World Day to Combat Desertification and Drought *
- 18** Sustainable Gastronomy Day
- 19** International Day for the Elimination of Sexual Violence in Conflict *
- 20** World Refugee Day *
- 21** Summer Solstice
- 21** International Day of Yoga *
- 21** National Indigenous Peoples Day *
- 21-July 1** Celebrate Canada *
- 23** National Day of Remembrance for Victims of Terrorism *
- 23** United Nations Public Service Day *
- 23** International Widows' Day *
- 24** St. John's Day

June cont'd

- 24** **Saint-Jean-Baptiste Day ***
- 25** **Day of the Seafarer ***
- 26** **Int'l Day Against Drug Abuse and Illicit Trafficking ***
- 26** **United Nations International Day in Support of Victims of Torture ***
- 27** **Canadian Multiculturalism Day ***
- 27** **Micri-, Small and Medium-sized Enterprises Day***
- 29** **International Day of the Tropics***
- 30** **International Asteroid Day***

** celebrated on the same date each year*

