



Kids Eat Smart Foundation serves over 27,000 healthy meals every school day.

School is back and many parents and guardians are challenged with homework, projects, after school activities and the ever challenging question of what to pack for children to eat while they are in school.

The good news is that Kids Eat Smart Clubs are in 90 per cent of our Province's schools. That means children and youth have the opportunity to enjoy a healthy breakfast at school. Our Kids Eat Smart Clubs are available to all children and youth who wish to have breakfast, at no charge to the child or their families. Children just show up and have breakfast in a non-stigmatizing and welcoming environment.

Kids Eat Smart Clubs are run by volunteers who are educators, principals, school administrators, parents, grandparents and community leaders and in many cases, supported financially by local businesses and organizations. Through the financial commitment of the Government of Newfoundland and Labrador, Corporate Partners, Community Groups and Individuals, Kids Eat Smart Foundation NL provides funding and resources to help sustain our 248 KES Clubs. KES Regional Coordinators, located throughout the province, are equipped with an arsenal of resources including; menu planning, volunteer recruitment, food safety training and fundraising support to ensure the success of every KES Club.

There are currently 248 KES Clubs in schools and community centres throughout our Province. Based on the year end reports received from our KES Club volunteers and Principals in June, we serve over 27,000 meals every school day in our Province and more than 6100 volunteers' help run KES Clubs.

If you are one of the 6100 volunteers who make our KES Breakfast Clubs so successful, thank you for your continued support. If you are interested in volunteering at your local Kids Eat Smart Breakfast Club please contact your local school directly.

For more information about Kids Eat Smart Foundation Newfoundland and Labrador please call 1-877-722-1996 or visit us online at kidseatsmart.ca.

